



Your Lessons

Illinois School Counselors
Association
April 2017

#ISCA17

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ABOUT ME

- DePaul University, Counseling Program (since 2008)
- Former Middle School Counselor (13 years in Georgia)
- Book Co-Author: *101 Solutions for School Counselors and Leaders in Challenging Times* (Available on Amazon)
- ISCA Board Member and 2012-2013 ISCA President
- Reach Higher White House Convening Attendee

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Special credit to: Franciene Sabens

FLIP YOUR LESSONS

ASCA Magazine
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Volume 52, Number 4

[ASCA Webinar](#)
September 2015



What is Flipping?

Early Developers

High School Science Teachers, Jonathan Bergmann and Aaron Sams (Early 2000s)

- **Technology-based content delivery**
- **Face-to-face follow up**



Why flip?

1. Maximize counselor time
2. Maximize access to all
3. Provide consistent content
4. Increase engagement
5. Allow for content reinforcement
6. Builds relationships



Components of flipping

1. Technology-based content delivery
2. Face-to-face follow up

MUST include BOTH



FLIPPING IS NOT...

- ✓ A substitute for face-to-face intervention
- ✓ A last minute decision
- ✓ The same video from year to year
- ✓ Only for students or core curriculum lessons



Flipping in school counseling

Many students
+
little time
=
need for a creative
approach



KATO'S STORY

Problem

- 1 topic
- 18 classrooms
- 25 minutes per class

Solution

Content delivery: PPT to iMovie + narration to YouTube

Follow up: Discuss and address questions in class visit

A hand holding a smartphone. The screen displays a presentation slide with the text 'A COLLEGE COUNSELOR IN A HIGH SCHOOL' in blue, underlined, all-caps font. Below the text are two blue ovals and a blue spoon-like shape. The background of the slide is light blue.

A COLLEGE
COUNSELOR IN A
HIGH SCHOOL

MATT'S STORY

Problem

- Inconsistent large classroom lessons
- Academic demands and high expectations for students
- Tough to balance all the domains: academic, career, social/emotional

Solution

Content delivery: VideoScribe + narration to YouTube to district learning management system

Follow up: Informal Q&A during homeroom or lunchtime



A MIDDLE
SCHOOL
COUNSELOR

FRANCIENE'S STORY



Problem

- Antiquated registration process
- Disproportionate understanding of the registration process
- Inconsistent delivery of materials to students, uninformed parents

Solution

Content delivery: Prezi + Vocaroo posted to school website and shared in student management portal

Follow up: Informal Q&A

By appointment during Advisory

ERIN'S STORY

Problem

- Two elementary schools
- Role confusion between the school counselor and school psychologist
- 45 lessons!

Solution

Content delivery: iMovie + Vimeo = 6 min. video, link emailed to all teachers and instructions to show in class in a 2 week window

Follow up: 10-15 minute visits to each class after video was shown



The tools

Presentation:

Camtasia, PPT, Prezi,
Screencast-o-matic,
Slideshare, VideoScribe,
Voicethread

Audio/Voice:

Audacity, iTunes, Jamendo,
Vocaroo

Publication:

YouTube, Vimeo, Prezi, iMovie,
iTunes, Quicktime, Voicethread

Honorable Mention:

SCOPE



What else can be flipped?

- Family/parent interventions
- College access counseling
- New student orientation
- Small groups
- Peer program training
- Staff training



Resources

From the article

- *Flip Your Classroom: Reach Every Student in Every Class Every Day* by Bergmann and Sams
- flippedlearning.org
- edutopia.org/blogs/tag/flipped-classroom

From school counsellors

- Franciene's Prezi: <http://tinyurl.com/ofl55cv>
- Matt's YouTube: <http://goo.gl/WWrhG3>
- Kato's YouTube: <http://tinyurl.com/pdw3csx>
- Erin's Post: <http://tinyurl.com/zxmpknf>
- Erinn's Vimeo: <https://vimeo.com/136954341>
- Michael's iPad tour: <http://www.mjschumann.com/mywork>



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